

Transition: Cradle to Adulthood

Preparing youth with disabilities for successful transition to their adult roles and continued learning, employment and living independently begins early.

Goals Graduate with a Diploma Enroll in postsecondary education / training Get a Job Live Independently

Lifelong Learner



Worker



Family Member



Community



Transition Skills begin to develop in early childhood. This document reflects what youth need to know and do to prepare for successful transition.

Transition Skills

Self-Advocacy

Leadership Skills

Birth -3

Express wants, needs
Communicate with family, friends
Be proud of accomplishments

Elementary Pre-K -6

Express choices, preferences
Develop sense of self-respect
Ask for help if needed

Middle School

Communicate strengths, needs
Develop awareness of disability, laws, accommodations, rights
Gradually develop freedom, independence, pros, cons of disclosure

High School

Communicate expectations

Adulthood!

Graduate with a Diploma
Or Meaningful Certificate

Continue post-secondary
Education and Training

Employment

Manage Money

Travel in community

Live Independently

Enjoy friendships

Recreate

Communication skills

Encourage language skills

Academic Skills

Listen to stories, Communicate

Participate in meeting

Actively engage in IEP

Lead IEP

Problem Solving Skills

Learn How to Learn

Interpersonal skills

Communicate effectively in the classroom, at work, at home

Academic Development

Encourage positive study habits Take responsibility

- Develop Academic standards with general education peers using effective teaching strategies
Universal Design MTSS Differentiated Instruction Accommodations
Develop academic skills in the context of learning, working and living

Teamwork

Have Family roles

Career Development

Watch people work

Assessment

Observation

Social-Emotional Academic Skills

Participate in group projects

Contribute, lead group

Career Awareness

Career Exploration

Career Preparation

Identify skills, interests

Discovery Transition Assessments

Career Interests, Assets

Develop Skills

Do family chores

Talents

Play-develop artistic skills

Participate in activities

Participate in youth organizations

Take Classes, Electives

Develop hobbies, interests

Recreation 4H / Youth groups

Student organizations

Use of technology

Work-Based Learning

Engage in community

Career Fairs

Job Shadow, Interview

Apprenticeship/Internship

Guest speakers

Develop skills using technology

Work Experience

Role Play

Explore college, career paths

Career Paths / Job Search

Volunteer/Service Learning

Industry Credentials

Education/Career Plan

Family sets expectations

Dream about the future

Research careers -and education

Make a Career Plan

Decision-making

Appropriate use-social media

Plan for education/training

Independent Living

Basic household chores

Help cook, clean,

Financial Literacy

Travel in community

