**Transition:  Cradle to Adulthood**

Preparing youth with disabilities for successful transition to their adult roles and continued learning, employment and living independently begins early.

**Goals**
- Graduate with a Diploma
- Enroll in postsecondary education / training
- Get a Job
- Live Independently

**Transition Skills begin to develop in early childhood.**

This document reflects what youth need to know and do to prepare for successful transition.

**Adulthood!**
- Graduate with a Diploma
- Or Meaningful Certificate
- Continue post-secondary Education and Training
- Employment
- Manage Money
- Travel in community
- Live Independently
- Enjoy friendships
- Recreate

**Lifelong Learner**

**Worker**

**Family Member**

**Community**

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**Goals**

**Graduate with a Diploma**

**Enroll in postsecondary education / training**

**Get a Job**

**Live Independently**

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**Transition Skills**

**Self-Advocacy**
- Birth - 3
  - Express wants, needs
  - Communicate with family, friends
  - Be proud of accomplishments

**Leadership Skills**
- Elementary Pre-K - 6
  - Express choices, preferences
  - Develop sense of self-respect
  - Ask for help if needed
  - Participate in meeting

- Middle School
  - Communicate strengths, needs
  - Communicate expectations
  - Actively engage in IEP
  - Lead IEP

- High School
  - Gradually develop freedom, independence, pros, cons of disclosure

**Communication Skills**
- Birth - 3
  - Encourage language skills
  - Listen to stories, Communicate

- Elementary Pre-K - 6
  - Interpersonal skills
  - Academic Development

- Middle School
  - Communicate effectively in the classroom, at work, at home
  - Encourage positive study habits
  - Take responsibility

- High School
  - Lead IEP

**Academic Skills**
- Birth - 3
  - Encourage language skills
  - Listen to stories, Communicate

- Elementary Pre-K - 6
  - Interpersonal skills
  - Academic Development

- Middle School
  - Communicate effectively in the classroom, at work, at home
  - Encourage positive study habits
  - Take responsibility

- High School
  - Lead IEP

**Problem Solving Skills**
- Birth - 3
  - Express wants, needs
  - Communicate with family, friends
  - Be proud of accomplishments

- Elementary Pre-K - 6
  - Develop sense of self-respect
  - Ask for help if needed
  - Participate in meeting

- Middle School
  - Communicate strengths, needs
  - Communicate expectations
  - Actively engage in IEP
  - Lead IEP

- High School
  - Gradually develop freedom, independence, pros, cons of disclosure

**Teamwork**
- Birth - 3
  - Have Family roles
  - Social-Emotional Academic Skills
  - Participate in group projects
  - Contribute, lead group

- Elementary Pre-K - 6
  - Career Awareness
  - Identify skills, interests
  - Participate in group projects
  - Contribute, lead group

- Middle School
  - Career Exploration
  - Discovery Transition Assessments
  - Career Preparation
  - Career Interests, Assets

- High School
  - Career Paths / Job Search
  - Industry Credentials
  - Life Pathways
  - Industry Skills

**Assessment**
- Birth - 3
  - Observation

- Elementary Pre-K - 6
  - Interpersonal skills
  - Academic Development

- Middle School
  - Communicate effectively in the classroom, at work, at home
  - Encourage positive study habits
  - Take responsibility

- High School
  - Lead IEP

**Develop Skills**
- Birth - 3
  - Do family chores

- Elementary Pre-K - 6
  - Participate in activities

- Middle School
  - Participate in youth organizations
  - Take Classes, Electives

- High School
  - Recreation 4H / Youth groups
  - Student organizations

**Talents**
- Birth - 3
  - Play-develop artistic skills

- Elementary Pre-K - 6
  - Develop hobbies, interests

- Middle School
  - Recreation 4H / Youth groups
  - Student organizations

- High School
  - Make a Career Plan
  - Plan for education/training

**Work-Based Learning**
- Birth - 3
  - Engage in community

- Elementary Pre-K - 6
  - Career Fairs
  - Guest speakers

- Middle School
  - Job Shadow, Interview
  - Develop skills using technology
  - Explore college, career paths

- High School
  - Apprenticeship/Internship
  - Work Experience
  - Career Paths / Job Search
  - Industry Credentials

**Education/Career Plan**
- Birth - 3
  - Family sets expectations

- Elementary Pre-K - 6
  - Dream about the future

- Middle School
  - Research careers - and education
  - Appropriate use-social media

- High School
  - Make a Career Plan
  - Plan for education/training

**Decision-making**
- Birth - 3

- Elementary Pre-K - 6

- Middle School

- High School

**Independent Living**
- Birth - 3
  - Basic household chores

- Elementary Pre-K - 6
  - Help cook, clean,

- Middle School
  - Financial Literacy

- High School
  - Travel in community