#### Summer 2023

# CASP STUDENT NEWSLETTER

### MEET YOUR STUDENT BOARD REPS

### North ERIN OLAFSSON-GOLDBERG

My name is Erin (she/her/hers) and I am a second-year Ed.S student at California State University, Sacramento. I am passionate about ensuring all students receive social emotional learning to promote increased mental health. In my free time I love to get outside to mountain bike, camp and hike with my family, friends, and of course, my dog Daisy!

<u>eolafsson-goldberg@csus.edu</u>

# d Lam a second year Ed S student at

My name is Michelle (she/her/hers) and I am a second-year Ed.S student at California State University, Fresno. I am passionate about advocating for marginalized youth by amplifying their voices and promoting equitable opportunities for their growth and well-being. During my free time, I enjoy engaging in physical exercise and spending time with my family. <u>michellegomez21@mail.fresnostate.edu</u>

### South KYNA HERNANDO

Hi everyone! My name is Kyna (she/her/hers) and I am a second-year Ed.S student at Chapman University. I am passionate about early intervention and implementing culturally responsive practices into multi-tiered systems of support. In my free time, I love to rock climb and spend time outdoors with my friends and family. <u>khernando@chapman.edu</u>

We are here to represent YOU, we want to hear your ideas and suggestions!



#### **AUGUST BOARD MEETING:** *HIGHLIGHTS*

- Kristin Makena, Ph.D is now interim Executive Director.
- The CASP website has a new look and features!
- New region reps have been appointed.
- Katie Peterson is now Affiliate Rep.
- The Executive Committee will continue to attend the annual NASP convention to further facilitate relationships nationwide.
- The PREPaRE training in July 2023 was very successful and will be happening again in July 2024 on a larger scale.
- Affiliate Day was Sept. 9, 2023.

#### **STUDENT INVOLVEMENT:** *ADVOCACY*

• Check out theses <u>opportunities</u> to participate in advocacy efforts!

#### **GRAD STUDENT CHECKLIST:** *BACK TO SCHOOL*



Schedule time for self care each week - grad school is hard!



Set SMART goals for your semester and upcoming year



Set up your study space and start a study playlist!



Get involved with your local affiliates and national professional associations (CASP, NASP, APA)

#### JOIN US ON SLACK:



CONNECT WITH GRAD STUDENTS ACROSS THE STATE



## **#CASPCON23**

CASP's convention is just around the corner! This year's theme is Inspired to Lead. The convention will take place in Costa Mesa, CA October 10–13th. This convention will offer many exciting professional development opportunities with 80+ sessions on a variety of topics such as *Legislative, Legal, and Ethical Issues in School Behavior Threat Assessment and Suicide Risk Assessment* (featuring Dr. Steve Brock and Dr. Melissa Reeves)!

Register now!

## **PROGRAM SPOTLIGHT**

# PACIFIC Be

Benerd College

The University of the Pacific Benerd College received a \$5.6 million grant from the U.S. Dept. of Ed. to expand access to mental health services to the K-12 schools in the San Joaquin Valley. This grant will cover tuition costs for graduate students in both the counseling and school psychology programs. Starting with the 23-24 school year, the grant will support 40 students over 5 years who will ultimately provide much needed culturally competent mental health services to high-need schools in the region. In an effort to provide culturally competent services, the grant will prioritize bilingual individuals and those who live in the local area. The university has partnered with 23 local education agencies for students to complete their fieldwork and internships. The students supported by the grant will additionally commit to work in one of these partner school districts after graduation for an equal number of years they were supported by the grant. Currently, one area district with more than 6,600 students employs only three school psychologists and three counselors this shocking ratio underscores the need for increased access and services in the region.



On Saturday, September 23, 2023, the LMU School Psychology program will be running alongside Homeboy Industries' 5k walk/run! The team name is called "LMU School Psychology Interns '24" and they are inviting you to donate!

Homeboy Industries provides hope, support, and opportunities to formerly gang-involved and previously incarcerated people. They strive to provide compassion and opportunities to redirect their lives and become contributing members of the community

The LMU School Psychology program is excited to participate in and support the work of Homeboy Industries. They thank you for your donation considerations!

If you would like to donate, follow this <u>link</u>.



Read more about the grant <u>here</u>.

Have an exciting update or event coming up and want to have your program featured? Reach out to any of the student reps with details and photos you wish to include!