Becoming a Licensed Educational Psychologist

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Learning Objectives

- Understand the LEP license and its applications
- Gain insight into the LEP Exam
- Review focus points of the LEP Exam
- Review test taking strategies



- The LEP is governed by the Board of Behavioral Sciences
- All information can be found on the BBS website <u>www.bbs.ca.gov</u>
- The BBS is responsible for consumer protection through the regulation of
 - Marriage and Family Therapists (MFT)
 - Licensed Clinical Social Workers (LCSW)
 - Licensed Educational Psychologists (LEP)
 - Licensed Professional Clinical Counselors (LPCC)
 - Associate Marriage and Family Therapists (AMFT)
 - Associate Clinical Social Workers (ASW)
 - Associate Professional Clinical Counselors (APCC)



 The practice of educational psychology is the performance of any of the following professional functions pertaining to academic learning processes or the education system or both

- (a) Educational evaluation
- (b) **Diagnosis** of psychological disorders related to academic learning processes



- (c) Administration of diagnostic tests related to academic learning processes including tests of academic ability, learning patterns, achievement, motivation, and personality factors
- (d) Interpretation of diagnostic tests related to academic learning processes including tests of academic ability, learning patterns, achievement, motivation, and personality factors



- (e) Providing psychological **counseling** for individuals, groups, and families
- (f) Consultation with other educators and parents on issues of social development and behavioral and academic difficulties



- (g) Conducting psychoeducational assessments for the purposes of identifying special needs
- (h) Developing treatment programs and strategies to address problems of adjustment
- (i) Coordinating intervention strategies for management of individual crises



• Education

- In order to qualify for LEP licensure, applicants must possess, at minimum, a master's degree in psychology, educational psychology, school psychology, counseling and guidance, or a degree deemed equivalent by the BBS. This degree must be obtained at a university accredited by one of the following accrediting bodies:
 - Western Association of Schools and Colleges
 - Northwest Association of Secondary and Higher Schools
 - Middle States Association of Colleges and Secondary Schools
 - New England Association of Colleges and Secondary Schools
 - North Central Association of Colleges and Secondary Schools
 - Southern Association of Colleges and Schools
- Applicants must successfully complete 60 semester hours of postgraduate work in pupil personnel services



• Experience

- Applicants must complete three years of full time experience (or the equivalent to three years of experience) working as a school psychologist. The three years of required experience may be satisfied as follows:
 - Two years of full time (or equivalent) experience as a credentialed school psychologist in public schools. This experience can be unsupervised and needs to be obtained in the most recent six years from the time a person applies for licensure
- AND
 - 2. A. One year of supervised professional experience in an accredited school psychology program
- OR
 - 2. B. One year of full time (or equivalent) experience as a credentialed school psychologist in public schools obtained under the **direction** of a licensed educational psychologist or a licensed psychologist.
- The experience in 2A and 2B can be older than six years from the time a person applies for examination eligibility
- Retirees must take the LEP Exam within 6 years of practicing as a school psychologist



Application Packet

- Once all qualifications have been met, you must complete the LEP Application Packet
 - Application
 - Photograph
 - Security Agreement
 - Fee
 - Fingerprinting
 - Transcripts
 - PPS Credential
 - Experience Verification Forms



- Accommodations for the LEP Exam
 - BBS offers accommodations for the LEP Exam if you meet the qualifying criteria
 - Accommodations can be made to the testing environment and auxiliary aids offered
 - Must have prior approval
 - Only schedule your exam after approval has been granted



• Examination

- Once eligible to take the LEP Written Examination, applicants will receive a LEP Written Examination Candidate Handbook. On the back of this handbook will be the deadline by which the applicant must take the exam
 - Eligibility to take the exam expires if the applicant does not sit for the exam within one year of becoming eligible
 - If the initial exam is failed, the applicant becomes eligible to retake the exam within 180 days. Eligibility to retake the exam expires if the applicant does not sit to retake the exam within one year



Examination

 Upon passing the LEP Written Examination, the applicant will submit an application for LEP initial licensure. This application will be available at the test site center. Once the Board processes this form, the applicant will receive an LEP license number



- Your birthday is used as the validation date
- Initial license is valid from the date you submit your application once you have passed the exam, until your birthday, not to exceed 2 years
 - If your birthday is in February, and you pass the exam in August of 2019, your license will expire in February of 2021

- LEPs are required to complete 36 CE hours every two years to renew their license, plus pay the renewal fee
 - 6 hours of Law and Ethics each renewal period
 - 7 hours of Child Abuse Assessment (one time only)
 - 15 hours of Alcohol and other Chemical Substance Dependency (one time only)
 - 6 hours of Suicide Risk Assessment and Intervention (one time only, on or after January 1, 2021)
- Initial renewal is 18 CE hours
- You can claim credit for teaching or taking a course
 - 1 semester Unit = 15 CE hours, 1 Quarter Unit = 10 CE hours
- Sitting on the Ethics Board of CASP satisfies the 6 CE hours of Law and Ethics



BBS Valid Licensee Statistics

License Type	Total Number
Associate Clinical Social Worker (ASW)	15,619
Associate Marriage and Family Therapist (AMFT)	17,614
Licensed Clinical Social Workers (LCSW)	27,723
Licensed Educational Psychologists (LEP)	2,038
Licensed Marriage and Family Therapists (LMFT)	44,277
Licensed Professional Clinical Counselor (LPCC)	1,727
Associate Professional Clinical Counselor (APCC)	3,478
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- Occupational Analysis
 - An occupational analysis is a method for identifying the tasks performed in a profession or on a job and the knowledge, skills, and abilities required to perform that job
 - The results of an occupational analysis are used to form an examination plan
 - An examination plan consists of content areas. Each content area describes examination content in terms of the task statements and knowledge gathered during the occupational analysis
 - An Occupational Analysis has been conducted, and the LEP Exam was recently updated
 - The current LEP Exam Handbook reflects an Occupational Analysis conducted in 2015



- Pass/Fail Standards
 - A criterion-referenced passing score methodology is used
 - Differentiates between a qualified and unqualified licensure candidate
 - The passing score is based on a minimum competence criterion that is defined in terms of the actual behaviors that qualified LEPs would perform if they possessed the knowledge necessary to perform job duties
 - 125 Questions, 100 which count
 - 2.5 hours to complete exam



- The exam consists of approximately 125 questions
 - No less than 100 questions are part of the examination
 - All questions are written and reviewed by LEP Subject Matter Experts
 - Up to 25 experimental questions will be distributed throughout the exam
 - These questions are used for performance data gathering and evaluation
 - You will not be made aware of which questions are experimental
 - Responses will not be included in your exam score



- Proctored by an independent firm at locations all over the state, and some out of state
- Exam is taken via computer
- Multiple choice format
- Exam is pass/fail
- Results are immediate
 - If you pass the exam, you will not receive a score report
 - If you fail the exam, you will receive a raw score total and the score needed to pass



I. <u>Assessment</u> - 42%

- Intake
 - Referral questions, determining client needs
- Assessment Plan Development
 - What to give and why
- Observation, Interview, and Informal Assessment
 - Observing in natural settings, interviewing clients and other individuals, record review, selecting assessment measures
- Standardized Assessments
 - How to give tests, purpose of tests
 - Knowledge of age ranges, scoring, validity, reliability data, etc.



I. <u>Assessment</u> - 42%

- Interpretation and Diagnosis
 - Interpretation, relating assessment data to relevant recommendations, diagnosis of disorders that affect learning, behavior and performance across settings
 - Determine eligibility for educational serviced based on assessment information and in accordance with federal and state laws and regulations

• I. <u>Assessment</u> - 42%

- Communication of Assessment Results
 - Generate interventions and recommendations
 - Report writing and communication of results to student, parent, staff, etc.
 - Present assessment findings and recommendations
 - Communication of results, implications, strategies, accommodations, modifications and other needs to student, parent, staff, etc.





- Academic Performance and Executive Functioning
 - Develop and implement interventions to improve academic performance
 - Develop and implement interventions to improve attention and executive functioning
- Adaptive and Vocational Skills
 - Develop and implement interventions to promote adaptive skills
- Social-Emotional and Behavioral Skills
 - Develop and implement interventions to improve social and pragmatic skills
 - Develop and implement interventions to facilitate and improve behavioral skills



II. Intervention - 28%

- Psychological Counseling
 - Individual counseling to support social-emotional functioning in educational and vocational settings
 - Individual counseling to improve behavioral functioning in educational and vocational settings
 - Conduct threat assessments for clients in crisis
 - Teach self-advocacy strategies
- Progress Monitoring and Program Evaluation
 - Progress of academic, behavioral and psychological interventions to determine
 - effectiveness of plan



• III. <u>Consultation</u> - 10%

- Collaborative Consultation
 - Advocate for client's rights
 - Provide in-service training to school personnel and other professionals
 - Provide information on community programs
 - Provide information regarding the educational system
 - Collaborate with other professionals regarding client's needs
- Referral
 - Refer client for community, school-based, and/or medical services
 - Refer client for further mental health support



• IV. Law and Ethics- 20%

- Record maintenance
- Confidentiality
- Release of information
- Disclosure of information regarding
 - Professional qualifications
 - Scope of practice
 - Services and fees
- Abuse reporting
- Reporting of client's intentions to harm themselves
- Maintaining professional boundaries
- Informing about free services within the educational system
- Informed consent



• Practice Questions:

What test should be used to obtain a standard score of the intellectual functioning of an 8-year old who is unable to talk and has limited hand movements?

- A. Raven's Progressive Matrices
- B. Leiter International Performance Scale
- C. Kaufman Assessment Battery for Children
- D. McCarthy Scales of Children's Abilities



Answer

A. Raven's Progressive Matrices

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- Practice Questions:
- Which of the following treatments are recommended for managing Attention-Deficit/Hyperactivity Disorder?
 - A. EEG Biofeedback, sensory integration training, and parent counseling
 - B. EEG Biofeedback, sensory integration training, and removal of sugar and food additives
 - C. Behavior management methods, stimulant medication, and parent counseling
 - D. Behavior management methods, stimulant medication, and removal of sugar and food additives



- Answer
- C. Behavior management methods, stimulant medication, and parent counseling



• Practice Questions:

A parent of a 5 year old is seeking an psychoeducational assessment because her child is not progressing academically as quickly as the other students in the class. What test would you use to assess the student's cognition?

- A. WISC-IV
- B. WPPSI-III
- C. WAIS-IV
- D. KTEA-3

Answer

B. WPPSI-III

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• Practice Question

Why should parents be given detailed feedback following the completion of a psychological assessment of their child?

- A. To provide the rationale for a special education placement decision.
- B. To encourage parents to take a more active role in their child's education in the future.
- C. To explain how social and emotional functioning is related to academic achievement.
- D. To maximize intervention success through increasing participation with recommendations.



Answer

D. To maximize intervention success through increasing participation with recommendations.



• Practice Questions:

A 12 year old is referred for psychoeducational assessment. You receive a report from a psychiatrist that states your client is being treated for OCD. However, the parent believes her child has Autism Spectrum Disorder. What characteristic would tell you the client is probably affected by OCD rather than Autism?

- A. The client obsesses about topics or items
- B. The client does not have many friends
- C. The client shows social skills performance deficit, but not a social skills acquisition deficit
- D. The client show social skills acquisition deficits



- Answer:
- C. The client shows social skills performance deficit, but not a social skills acquisition deficit



• Practice Question

A right-handed 14-year-old student with a seizure disorder and no other health problems recently had a neuropsychological evaluation. The student's school asked an LEP to review the evaluation report and help them utilize the information. The report indicates impaired right-hand performance. An IQ test was not administered; however, all other evaluation results were within normal limits. What academic implications are inferred by these results?

- A. The student has impaired language functioning and will primarily require extensive academic assistance with reading, spelling, writing, and note-taking.
- B. The student has impaired visual-spatial functioning and will primarily require extensive academic assistance with reading, spelling, writing, and note-taking.
- c. The student has impaired language functioning, and will primarily require extensive academic assistance with math, nonverbal communication, science, and note-taking.
- D. The student has impaired visual-spatial functioning and will primarily require extensive academic assistance with math, nonverbal communication, science, and note-taking.



Answer

A. The student has impaired language functioning and will primarily require extensive academic assistance with reading, spelling, writing, and note-taking.



• Practice Questions:

You have assessed a 5 year old non-verbal child with Autism. The child shows poor social skills and self-injurious behavior. What recommendation would you make to the independent charter school who contracted you to do the assessment?

- A. Social Skills training
- B. PECS training
- C. Applied Behavior Analysis to manage the selfinjurious behavior
- D. All of the above

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- Answer
- C. Applied Behavior Analysis to manage the self-injurious behavior



- Practice Questions:
- You are making business cards. Which of the following are legal ways to identify yourself?
 - A. John Doe, Educational Psychologist
 - B. John Doe, LEP 1234
 - C. John Doe, Licensed Educational Psychologist
 - D. John Doe, MS, LEP

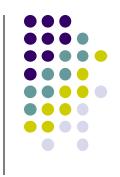


Answer

B. John Doe, LEP 1234

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- Remember your test taking strategies
 - Multiple choice test
 - Eliminate obvious wrong answers
 - Pace yourself, be aware of the time
 - There are both short questions, and longer, scenario questions
 - Use relaxation techniques
 - Deep breathing
 - Visualization





- You have about 1 minute per question, but need to factor in time for review
- Pace yourself use time markers (e.g. finish #20 between 25 to 30 minutes, #40 by 50 to 60 minutes, #60 by 80 to 90 minutes, etc.) plan on 10-15 minutes for review
- If you cannot decide on an answer, choice and then select "mark" so you can go back and review the response at the end of the test
 - You can make comments on answers by selecting "comments"
- Eliminate obvious wrong answers
- When answering questions about treatment look for answer choices that include both medication and therapy/behavior modifications



- Pay attention to key words such as "always" and "never"
- Make sure you answer the question asked
 - Understand the test question, then only answer what is being asked (nothing more and nothing less)
- Use the entire 2 ¹/₂ hours
 - If you finish early, take a short break then review your answer choices. There are no extra points for finishing early
- If you fail the test, write down everything you remember about the test so you can study it again
 - You will get a score report indicating your correct responses and your performance on each section



- BBS feels your knowledge and experience should be enough to pass the exam
 - Focus on the LEP Written Examination Plan in the candidate handbook
- Use common sense
- Your first reaction is usually correct. Do not over think it!
- Brush up on Content Areas you are less comfortable with
 - Break out your Grad School text books



- Do not let your ego get in the way!
 - You may not agree with some of the answers
 - This will be most evident in the ethics section, most likely with mandated reporting and confidentiality
 - <u>http://teenhealthlaw.org/wp-content/uploads/2015/10/CaMinorConsentConfChartFull11-11.pdf</u>
 - http://teenhealthlaw.org/wp-content/uploads/2015/12/Ca-MinorConsentConfidCAR-20164thed.pdf
 - <u>https://www.camft.org/images/PDFs/AttorneyArticles/Cathy/Reporting Consensual Activity Between Minors JF07.pdf</u>
 - Focus on how the test wants you to answer
- Think in terms of private practice, not as a school practitioner

Applications of the LEP

- School Psychology; Public & Private
 - May equate to a pay raise, check with your district
 - May allow you to conduct IEEs within your SELPA
 - Some parents request LEPs for assessment
 - Yes, that could mean more work for you....
 - You may be called in to help with "Hot Cases"
 - May make you marketable enough to work in a private school
 - LEPs can provide up to 1200 hours of clinical supervision to BBS Associates providing ERMHS in school settings starting January 1, 2020 (AB 1651)
 - www.bbs.ca.gov/pdf/ab_1651.pdf





- LEP Eligibility Application Website:
 - http://www.bbs.ca.gov/pdf/forms/lep/lepapp.pdf
- LEP Written Examination Candidate Handbook Website:
 - https://home.pearsonvue.com/cabbs
- Board of Behavioral Sciences
 - http://www.bbs.ca.gov

Questions and Answers



• Thanks for coming, it has been a pleasure!

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