

LBUSD's 6 Action Steps for Helping Students Remotely in Emotional Pain - For Teachers

- 1. **Stay on the phone**: Do not hang-up on a student in immediate risk of suicide.
- 2. **Obtain student's location:** Ask for an address and the names of adults that are with the child. Ask for emergency contact phone numbers in case the call gets disconnected.
- 3. **Ask:** To speak with the student's parent/guardian. Inform them of your concern.
- 4. *Call*: Immediately call 911, if danger for self-harm seems imminent.
- 5. **Maintain Confidentiality:** Do not assess a student for suicide *if it is known* that other children or adolescents are listening or visible on camera. If a student is participating in a group video session, disconnect with all other students and create a private connection (phone or video) with the student.
- Consult: Speak with your school counselor, psychologist, nurse immediately or point of
 contact immediately. Ask them to join you in your classroom or by phone so that they
 may assess the student for suicide.